

Nut-Free Policy

Introduction

TAS is committed to providing a safe and inclusive environment for all students, including those with severe nut allergies. As part of this commitment, we have implemented a Nut-Free Policy to minimise the risk of exposure to nuts and nut products within our school. This policy applies to all students, staff, visitors, and activities that take place on school premises.

Rationale

Nut allergies can cause severe, potentially life-threatening allergic reactions known as anaphylaxis. Even small amounts of nut residue can trigger a reaction in sensitive individuals. To protect students with nut allergies, we have established this Nut-Free Policy to reduce the risk of accidental exposure and ensure that our school is a safe environment for everyone.

Policy Guidelines

1. Prohibited Items:

- No nuts or nut-containing products are allowed on school premises. This includes, but is not limited to, peanuts, tree nuts (such as almonds, walnuts, cashews, hazelnuts, pistachios, pecans), peanut butter, nut spreads, and foods that contain nuts as ingredients.
- Foods labelled "may contain traces of nuts" or "produced in a facility that processes nuts" should also be avoided, especially for classroom snacks and lunches.

2. Lunches and Snacks:

- Parents and guardians are required to ensure that their child's lunches and snacks do not contain nuts or nut products. This includes checking food labels carefully before sending food to school.
- The school will provide a list of nut-free snack and lunch ideas to help parents and guardians with meal planning.

3. Special Events and Celebrations:

- All food brought into the school for events such as birthday celebrations, class parties, and school-wide activities must be nut-free.
- Any treats or snacks provided by the school will be carefully vetted to ensure they are nut-free.

4. Lunch and Food Services:

- The school menu and any food services provided on our site will not serve food containing nuts or nut products.

- Food service staff will be trained in allergy awareness and the importance of avoiding cross-contamination.

5. Education and Awareness:

- The school will educate students, staff, and the school community about the importance of the Nut-Free Policy and how to recognise and respond to allergic reactions.
- Information about nut allergies and the Nut-Free Policy will be included in the school's orientation materials for new students and staff.

6. Emergency Procedures:

- Staff members will be trained to recognise the symptoms of an allergic reaction and will know how to administer an EpiPen or other prescribed emergency medication.
- In the event of an allergic reaction, the school will follow established emergency protocols, including contacting emergency services and notifying the student's parents or guardians.

7. Monitoring and Compliance:

- The school will regularly review and monitor the implementation of this policy to ensure compliance and effectiveness.
- Any concerns or incidents related to nut exposure should be reported to the school administration immediately for investigation and response. **(See Allergy Policy)**

Conclusion

TAS is dedicated to creating a safe and inclusive environment for all students. We ask for the cooperation and support of the entire school community in adhering to this Nut-Free Policy to protect the health and well-being of students with nut allergies. By working together, we can help ensure that all students have a safe and enjoyable experience at school.

For any questions or concerns regarding this policy, please contact the school administration.

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Date: September 2024	Review: September 2025