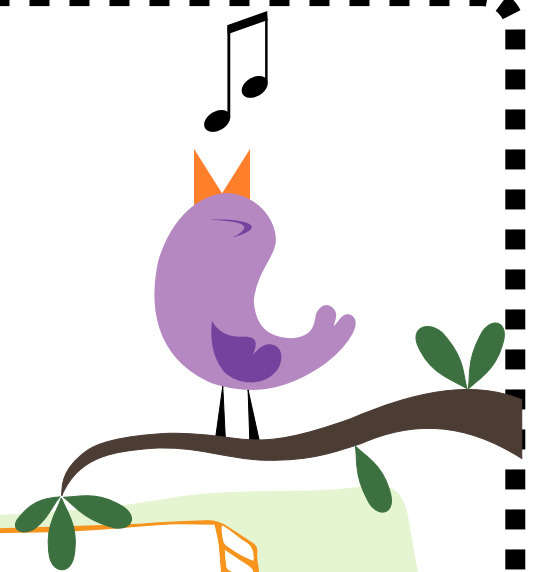


# ALL ABOUT ME



Name: Lexy (Oliver)



## Who am I?

- I am a music therapist
- I play music with children and young people at school
- I support students to more fully express themselves
- I meet families to explore how music can help

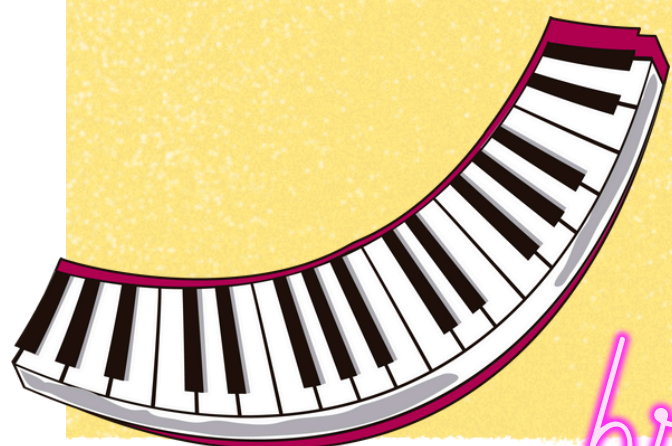
## What am I good at?

- listening
- playing instruments
- celebrating students' strengths and successes
- having a go at new things

## What do I find difficult?

- learning my way around new places
- asking for help
- remembering to go outside at lunchtime

## What helps me on a difficult day?



*breathe*



- big deep breaths
- playing piano
- being in nature
- listening to music