

ALL ABOUT ME



NAME:

Donna Elza Jacob



Who Am I and what do I do?

I am a Speech and Language Therapist. I work in different settings and across a wide range of age groups. I support children and young adults by helping them build confidence in their communication and by providing supportive strategies.

I design and deliver tailored therapy plans and create communication-friendly environments to help individuals thrive. I also work closely with teachers, parents, and other members of the multi-disciplinary team to ensure consistent support and the best possible outcomes.

What am I good at?

- I do work hard when I know what to do.
- I am good at listening.

What do I find difficult?

- Being rushed or under pressure
- I need to write things down so I can remember them.

- I need some quiet time to myself
- I listen to music

What helps me on a difficult day?