

ALL ABOUT ME



NAME:

Keshini Naidoo



Who Am I and what do I do?

I am an Educational Psychologist.

My role is to listen carefully to children and young people, as well as to their parents, carers, and teachers. Together, we explore what they enjoy and do well, alongside the areas that may feel more difficult or frustrating. I ask about the things that help them most at school, the strategies that make learning easier, and any changes that could support them better in the classroom. I also encourage them to share what they would like their teachers to know, so that school becomes a place where they feel understood, valued, and supported. We talk about their hopes and goals for the future, and by thinking together we identify the approaches, resources, and relationships that will help them take meaningful steps forward while building on the strengths they already have

What am I good at?

I am good at listening.
I am good at cooking
I am good at organised.

What do I find difficult?

I find public speaking difficult.
I find sudden change challenging.

I find grounding myself in nature or connecting with family and friends helps me feel better.

What helps me on a difficult day?